



Athletic Clearance Information

Please read all directions and complete all steps

STEP 1: Student-Athlete must have a current sports physical completed on the 4/23 - EL2. Please bring this form with you to the physician's office.

On page 4 of 4 of the EL2 form, please make sure that the following are filled in:

- Physicians name, address, physician's license #, date of exam and physician's signature.
- If applicable, check off the box that states "If there is no relevant medical history to share related to participation in competitive sports".
- If there is relevant medical information to share, please state what it is.
- Both student/parent must sign and date form.

FHSAA EL2 form can be found at: https://fhsaa.com/documents/2023/3/3/EL2_Form.pdf

STEP 2: Student-Athletes must complete the following free NFHS courses for their Athletic Clearance: Concussion for Students, Heat Illness Prevention, Sudden Cardiac Arrest

NFHS Learn courses can be found at: <https://nfhslearn.com/>

* All certificates must have student's full name on them. Save a copy of the student-athletes certificates, they will need to be uploaded to athleticclearance.com

STEP 3: Create Athletic Clearance account.

Athletic Clearance can be found at: <https://athleticclearance.fhsaahome.org/>

- Complete and sign ALL required paperwork
- Select **ALL** the sports your child might participate in for 2023-24 school year

STEP 4: Upload the following documents:

- EL2 page 4 of 4 ONLY – DO NOT upload pages 1-3
- NFHS Learn Certificates with student-athletes name on them:
 - Concussion for Students, Heat Illness Prevention and Sudden Cardiac Arrest
- Upload a copy of student's health insurance card

STEP 5: wait for your child to be cleared. Please allow at least 48 hours for the Athletic Director to clear your child. There are NO exceptions. Clearances are done Monday-Friday.